

# Open Week Classes for Children

All classes are subject to availability. Please contact us to confirm if a class has any spots left [Review our Terms and Conditions.](#)

## Monday, 8 September

10:00 AM - 10:30 AM	General Gymnastics (3-4 years)
1:00 PM - 1:30 PM	Baby Gymnastics (2-3 years)
1:30 PM - 2:00 PM	General Gymnastics (3-4 years)
2:00 PM - 2:30 PM	Baby Gymnastics (1-2 years)
4:00 PM - 5:00 PM	General Gymnastics (5-7 years)
4:00 PM - 5:00 PM	General Gymnastics (3-4 years)
5:00 PM - 6:00 PM	Gymnastics Beginners - Intermediate (5-7 years)
5:00 PM - 6:00 PM	Gymnastics Beginners - Intermediate (8-11 years)
5:00 PM - 6:00 PM	Flexibility (5-10 years)

## Tuesday, 9 September

10:00 AM - 10:30 AM	Baby Gymnastics (1-2 years)
1:00 PM - 1:30 PM	Baby Gymnastics (2-3 years)
1:30 PM - 2:00 PM	General Gymnastics (3-4 years)
2:00 PM - 2:30 PM	Baby Gymnastics (1-2 years)
4:00 PM - 5:00 PM	General Gymnastics (5-7 years)
4:00 PM - 5:00 PM	General Gymnastics (3-4 years)
5:00 PM - 6:00 PM	General Gymnastics (5-7 years)
5:00 PM - 6:00 PM	General Gymnastics (8-11 years)
5:00 PM - 6:00 PM	Flexibility (5-10 years)

## Wednesday, 10 September

10:00 AM - 10:30 AM	General Gymnastics (3-4 years)
10:30 AM - 11:00 AM	Baby Ballet & Gymnastics (18 months-3 years)
1:00 PM - 1:30 PM	General Gymnastics (3-4 years)
1:30 PM - 2:00 PM	Baby Gymnastics (1-2 years)
2:00 PM - 2:30 PM	Baby Gymnastics (2-3 years)
4:00 PM - 5:00 PM	Ballet (3-4 years)
4:00 PM - 5:00 PM	General Gymnastics (3-4 years)
5:00 PM - 6:00 PM	Gymnastics All Abilities (8-16 years)
5:00 PM - 6:00 PM	Ballet (5-7 years)
5:00 PM - 6:00 PM	Flexibility (5-10 years)
6:00 PM - 8:00 PM	Gymnastics Intermediate - Advanced (7-16 years)
6:00 PM - 7:00 PM	Tumbling Intermediate (8+)
6:00 PM - 7:00 PM	Ballet (8-11 years)
7:00 PM - 8:00 PM	Contemporary (8-16 years)

## Thursday, 11 September

10:00 AM - 10:30 AM	General Gymnastics (3-4 years)
10:30 AM - 11:00 AM	Baby Gymnastics (2-3 years)
1:00 PM - 1:30 PM	Baby Gymnastics (1-2 years)
1:30 PM - 2:00 PM	Baby Gymnastics (2-3 years)
2:00 PM - 2:30 PM	General Gymnastics (3-4 years)
4:00 PM - 5:00 PM	General Gymnastics (3-4 years)
4:00 PM - 5:00 PM	General Gymnastics (5-7 years)
4:00 PM - 5:00 PM	Drama Class (3-7 years)
5:00 PM - 6:00 PM	Gymnastics Beginners - Intermediate (5-7 years)
5:00 PM - 6:00 PM	Gymnastics Beginners - Intermediate (8-11 years)
5:00 PM - 6:00 PM	Drama Class (8-16 years)
5:00 PM - 6:00 PM	Flexibility (11-16 years)

## Friday, 12 September

9:30 AM - 10:00 AM	General Gymnastics (3-4 years)
10:00 AM - 10:30 AM	Baby Gymnastics (2-3 years)
10:30 AM - 11:00 AM	Baby Gymnastics (1-2 years)
1:30 PM - 2:00 PM	Baby Gymnastics (2-3 years)
2:00 PM - 2:30 PM	General Gymnastics (3-4 years)
4:00 PM - 5:00 PM	General Gymnastics (5-7 years)
4:00 PM - 5:00 PM	General Gymnastics (3-4 years)
5:00 PM - 6:00 PM	Gymnastics Beginners - Intermediate (5-7 years)
5:00 PM - 6:00 PM	Gymnastics Beginners - Intermediate (8-11 years)
5:00 PM - 6:00 PM	Flexibility (5-10 years)
6:00 PM - 7:00 PM	General Gymnastics (8-11 years)
7:00 PM - 8:00 PM	General Gymnastics (12-16 years)

## Saturday, 13 September

9:00 AM - 9:30 AM	Baby Gymnastics (2-3 years)
9:00 AM - 10:00 AM	General Gymnastics (5-7 years)
9:00 AM - 10:00 AM	Flexibility (5-10 years)
10:00 AM - 11:00 AM	General Gymnastics (8-11 years)
11:00 AM - 12:00 PM	General Gymnastics (3-4 years)
11:00 AM - 12:00 PM	General Gymnastics (5-7 years)
12:00 PM - 1:00 PM	General Gymnastics (5-7 years)
12:00 PM - 1:00 PM	General Gymnastics (3-4 years)
12:00 PM - 1:00 PM	Street Dance/Hip Hop (8-16 years)
1:00 PM - 2:00 PM	Street Dance/Hip Hop (3-7 years)

## Sunday, 14 September

9:00 AM - 10:00 AM	General Gymnastics (5-7 years)
9:00 AM - 10:00 AM	General Gymnastics (3-4 years)
10:00 AM - 11:00 AM	General Gymnastics (8-11 years)
10:00 AM - 11:00 AM	General Gymnastics (3-4 years)
11:00 AM - 12:00 PM	General Gymnastics (3-4 years)
11:00 AM - 12:00 PM	Tumbling - Handsprings (8-11 years)
12:00 PM - 1:00 PM	General Gymnastics (12-16 years)